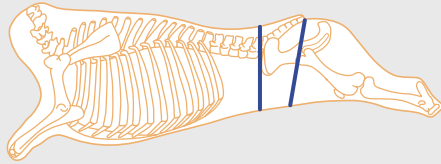


# Prime Rump Steaks

Code:

Rump V005



1. Position of the rump.

2. Rump with rump tail and cap muscle removed.

3. Excess gristle and blood veins are removed.

4. Slice the rump into steaks of 15mm thickness.



5. Prime Rump Steak

